



Effective January 1, 2013, families and individuals receiving CalFresh benefits will be enrolled in the new **California Heat and Eat Program**. This may result in an increase in CalFresh benefits for qualifying families.

### **How does it work?**

The Heat and Eat Program provides all CalFresh households an annual Electronic Benefit Transfer (EBT) issuance of \$0.10 through the **Low Income Home Energy Assistance Program (LIHEAP)**. This LIHEAP issuance gives you the maximum utility deduction when calculating your CalFresh benefits. This may result in an increase in CalFresh benefits for some families.

### **Who qualifies?**

All CalFresh recipients who are not receiving the maximum utility deduction will receive the deduction, including homeless households. Not all CalFresh families will have an increase in benefits.

### **What you need to do?**

Enrollment in the California Heat and Eat Program and the LIHEAP issuance is automatic. You do not need to take action or provide additional verification.

### **Contact Information:**

If you want to confirm your CalFresh benefits this month, you may:

- Visit the **Your Benefits Now** webpage at [www.dpssbenefits.lacounty.gov](http://www.dpssbenefits.lacounty.gov) and click on the “Benefits” box; or
- Call the DPSS Automated Self-Service Helpline at (877) 633-0294.